



## Praying for Your Husband from the Psalms

### Weeks 1 and 2 from Psalm 1

#### *Psalm 1:1 - Blessed is the man...*

Day 1 – Pray for the Lord's blessing on your marriage – that you will both be faithful to God and to one another. Pray that you both will show one another love, kindness, and patience. Ask God to help you and use you as you enter this journey of prayer for your husband.

Day 2 – Pray that your husband will be God's man – completely dedicated to Christ. Ask God to

help your husband live a holy life, surrendered to God's control and obedient to the voice of the Lord. Ask for God's blessing on his life as he follows the Lord's leading.

*...Who walks not in the counsel of the ungodly...*

Day 3 – Pray that your husband will choose wisely the company he keeps. Pray that he would have friends who will encourage him spiritually and whom he will encourage spiritually.

Day 4 – Pray that your husband will not heed the advice and counsel of men who do not love God. Pray that he, no matter how intense the pressure, will say no to opportunities which would dishonor God.

*...Nor stands in the path of sinners...*

Day 5 – Pray that your husband's heart will be burdened for those with sin in their lives. Ask God to give him a special hunger to love, speak to, and pray for the unsaved. Ask God to show you how you and your husband can together reach the lost.

Day 6 – Pray that your husband will reach out to those living in sin, but will remain separate from them, living a pure and clean life. Ask God to show him the importance of being entirely God's – mind, body, and soul. (2 Corinthians 6:16-18)

*...Nor sits in the seat of the scornful.*

Day 7 – Pray that your husband will choose thankfulness and joy, even in overwhelming and stressful times. Pray that the negative attitudes of those around him will not influence him to complain or doubt.

Day 8 – Pray that your husband's joy and positive outlook will be an example to others. Pray that he will exhort others to be joyful and thankful, and pray that your husband's spirit will bring glory to God.

*Psalm 1:2 - But his delight is in the law of Lord, and in His law he meditates day and night...*

Day 9 – Pray that your husband will have a fresh hunger to go deeper in his relationship with Christ. Ask God to give your husband a thirst that Christ alone can quench, so he will continue to rely only on God.

Day 10 – Pray that your husband will wisely use his time, making a concerted effort to designate time to spend with the Lord consistently. Pray that the Lord would help him to faithfully pray and study the Word.

Day 11 – Pray that the Lord will reveal His Word to your husband in a fresh and new way. Pray that your husband will know Christ more deeply than he ever had before.

Day 12 – Pray that your husband will be sensitive to the Lord's leading in talking with others about God's Word. Pray that he would share from the Bible what the Lord would have him to, and pray that he would have the wisdom to refrain from saying what he should not.

*Psalm 1:3 - He shall be like a tree planted by the rivers of water, That brings forth its fruit in its season, whose leaf also shall not wither; And whatever he does shall prosper.*

Day 13 – Pray that your husband would not only prosper in his work responsibilities, but in his family responsibilities. Ask God to help your husband love you and be a strong leader in your relationship. Ask God to help you love your husband and consistently encourage him. Ask God what you can do to support your husband and be a blessing to him.

Day 14 – If you have children, pray that your husband will be a godly father, giving his children an example of holy, surrendered living. If you have sons, pray that your sons will see a man who loves God with all of his heart, and pray that each son will desire to become a man like that. If you have daughters, pray that each daughter will purpose to find a husband who loves God and has a pure, selfless heart. If you do not have children, pray that your husband will be this kind of example to his nephews, nieces, and the children in the church.

*Weeks 3 and 4 from Psalm 5, Psalm 27, Psalm 90, Psalm 101*

*Psalm 5:3 - My voice You shall hear in the morning, O LORD; In the morning I will direct it to You, And I will look up.*

Day 14 – Pray that your husband will, each morning, instinctively begin speaking with the Lord. Pray that he would start each day praising the Lord and trusting Him with every aspect of the day.

Day 15 – Pray that your husband would continue to think on spiritual things – that he would see God in everything and not just turn to God when things are going wrong. Pray that, in every thought, your husband would be conscious of the Lord and His Word.

*Psalm 5:7 - But as for me, I will come into Your house in the multitude of Your mercy; In fear of You I will worship toward Your holy temple.*

Day 16 – Pray that your husband will worship the Lord, not only in church, but in his heart. Ask the Lord to reveal to your husband songs and psalms with which he can praise God and declare His glory.

Day 17 – Pray that your husband will share with others the reality of God's mercy. Pray that he will be

so aware of God's mercy in his own life, that he extends it to others and openly glorifies God for His mercy.

*Psalm 27:1 - The LORD is my light and my salvation; Whom shall I fear? The LORD is the strength of my life; Of whom shall I be afraid?*

Day 18 – Pray that your husband will realize and remember that God is the source of his strength and courage. Ask the Lord to help your husband be aware of his inability to rely on himself, and pray that he will totally trust and completely put his faith in God.

Day 19 – Pray that the Lord will comfort your husband in times of uncertainty. Whether he has a seemingly impossible situation at work, or your family is going through a time of stress, your husband faces a lot each day. Even if he does not want to show others that he is afraid or unsure, the Lord can and will take care of it all. Pray that your husband will find peace in knowing that.

*Psalm 27:4 - One thing I have desired of the LORD, That will I seek: That I may dwell in the house of the LORD All the days of my life, To behold the beauty of the LORD, And to inquire in His temple.*

Day 20 – Pray that your husband will find a new joy in attending church. Ask the Lord to show him things about his church for which he can be thankful. Pray that your husband will celebrate the opportunities he has to attend church services and church activities.

Day 21 – Pray that your husband will faithfully remain God's man, not just now, but for the rest of his life. Pray that, as he gets older, he will not grow farther away from the Lord, but will grow even closer.

*Psalm 27:8 When You said, "Seek My face," My heart said to You, "Your face, LORD, I will seek."*

Day 22 – Pray that your husband will be so in tuned with the Lord's voice that he will know when God is pointing something out to him. Pray that he will not only recognize God's voice, but will be obedient to it.

*Psalm 27:14 - Wait on the LORD; Be of good courage, And He shall strengthen your heart; Wait, I say, on the LORD!*

Day 23 – Pray that your husband will be patient and will wait on the Lord. If your husband is awaiting an answer for some reason, ask the Lord to give him an extra dose of patience. If there is someone with whom he gets irritated, ask the Lord to help your husband be patient and strong, not allowing annoyances to get to him.

*Psalm 90:15, 17 - Make us glad according to the days in which You have afflicted us, The years in which we have seen evil... And let the beauty of the LORD our God be upon us, And establish the work of our hands for us; Yes, establish the work of our hands.*

Day 24 – Pray that, in times of suffering and affliction, your husband will become more like Christ. Pray that his joy would be full and that God's beauty would be seen in his life, even in times of trial or sorrow.

Day 25 – Pray that the Lord would use your husband's talents and abilities for God's glory and for the

furthering of His Kingdom. Pray that the Lord would show your husband new ways to use his gifts for the Lord.

*Psalm 101:2 - I will behave wisely in a perfect way. Oh, when will You come to me? I will walk within my house with a perfect heart.*

Day 26 – Pray that your husband's behavior would be evident of Christ in him. Pray that any good fruit he bears would point to and glorify God; for He has kept your husband pure and righteous.

*Psalm 101:3 - I will set nothing wicked before my eyes; I hate the work of those who fall away; It shall not cling to me.*

Day 27 – Pray that your husband will guard his eyes from viewing immoral things. Pray that, through God's help and empowering, your husband would flee impure thoughts and would not give in to the temptations he may face each day.

*Psalm 101:4 - A perverse heart shall depart from me; I will not know wickedness.*

Day 28 – Pray that your husband will hate anything that is not of God. Pray that he will not get close to the line of anything wicked, but will remain as far from sin and as close to God as he possibly can – not just in his outward behavior, but in the depths of his heart.

*Psalm 101:5 - Whoever secretly slanders his neighbor, Him I will destroy; The one who has a haughty look and a proud heart, Him I will not endure.*

Day 29 – Pray that your husband will be humble and not proud for any reason. Ask the Lord to help your husband see his own humanness, and not the just the humanness of others. Pray that he will remember that his own righteousness is as filthy rags (Isaiah 64:6), and he is only saved and made holy by the grace of God.

Day 30 – Pray that your husband will refrain from saying anything hurtful to or about anyone. Ask the Lord to show you if you have said anything hurtful to or about your husband. If you have, ask forgiveness of God and your husband, and ask the Lord to help you guard what you say.

*Psalm 101:6 - My eyes shall be on the faithful of the land, That they may dwell with me; He who walks in a perfect way, He shall serve me.*

Day 31 – Thank the Lord for all he has done in and through your husband during this month of prayer for him. Specifically list the answers to prayer you have seen in this prayer challenge, and praise God for them. Pray *with* your husband that you will both grow closer to one another and to the wonderful, loving God who brought you two together.