

## Lydia Prayer Suggestions #1

By Patsy Lewis – Lydia Prayer Director – patsylewis22@aol.com

**What is a Lydia Prayer Group?** A Lydia Prayer Group is two or more ladies uniting in prayer seeking God on behalf of themselves, their families, churches, communities, and the world.

**Where Does a Lydia Prayer Group Meet?** Ideally, the meeting would be held in a home; however, the group may meet at a church or workplace. Even prayer sessions from a distance can take place over the phone with a prayer partner or a group of three using three way calling. Instant messaging on the internet is another prayer option. The main purpose is to unite with others in prayer asking Jesus to come and touch His people once again.

### Suggested Guidelines:

- If a group grows beyond six or seven members, it is recommended that two smaller groups be formed to meet at different locations or separate rooms at the same location.
- Establishing a high trust and confidentiality level is essential.
- Spend minimal time talking about your requests and needs.
- Instead, pray your requests and invite others in the group to join you in prayer for these needs.

**Additional Information:** Lydia Prayer Guides and Leader's packets may be ordered from [www.francisasburysociety.com](http://www.francisasburysociety.com) under Titus Women or by contacting Vicki at [TWMInistry@aol.com](mailto:TWMInistry@aol.com).

**Prayer Guide:** Below is a sample plan that can be used for a Lydia prayer session:

Begin your prayer session by praising and worshipping God. Sing a song of praise to Him.

Read Ephesians 6:10-18. Pray that Scripture and put on God's armor. Prayerfully ask yourself the following questions which came from a Spiritual Warfare Seminar with Dr. Chuck Lawless:

The belt of truth: Am I the same person in public and when no one is looking?

The breastplate of righteousness: Do I consistently choose to do what is right?

Feet shod: Do I stand firmly in my faith and share Christ at all opportunities?

The shield of faith: Do I trust God enough to do whatever He asks?

The helmet of salvation: Is God honored by what goes on in my mind?

The sword of the Spirit: Do I have daily study of God's word?

Pray at all times: Do I live in a spirit of prayer?

Ask God for guidance during prayer.

Pray for Your Jerusalem: Pray for your children, husband, family, your home. Call your family members by name. Pray that they will truly love God and that their lives will bring glory to Him. Pray for specific needs in your family and home. Incorporate Scripture in your prayers. (II Timothy 3:15-17)

Pray for Your Judea: Pray for your neighborhood, your city, your church. Call the names of your neighbors and leaders in your community. Include both spiritual and civic leaders, teachers, and those who carry positions of influence. Pray that they will be Spirit led. (Luke 4:18-19)

Pray for Your Samaria: Include your state and your country as you pray for revival to spread. Pray for Christian conferences and Christian organizations that are attempting to impact your country for Christ. (II Chronicles 7:14)

Pray for the World: (Acts 1:8) Call the names of missionaries that you know. Pray for nations that God places upon your heart. Include war torn areas in your prayers.

Close your prayer time by praising, thanking, and worshipping the Lord. Thank Him for everything for which you just prayed, and believe that it shall be done.