

Lydia Prayer Suggestions #11

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Open Your Heart to God:

Read Romans 6:13. Offer the parts of your body to God as instruments of righteousness:

- Your mind - Ask God to help you take every thought captive to Christ. Read, learn, grow.
- Your mouth – Allow God to give you a boldness to speak for Him and to give you the grace to always speak truth and words of blessing to all.
- Your ears – Listen for God to speak to you. Tune your ears to hear the desperate cries of those around you.
- Your hands – Touch others for Jesus. Ask Him how you can be His hands of comfort and blessing to His world.
- Your arms – Demonstrate affection and wrap your arms around God's children.
- Your feet – Let God take you places you never dreamed you would go.
- Your heart – Give God permission to enlighten the eyes of your heart.

Willingly and with an eager spirit, be obedient to the slightest directive.

Intercede for Others:

In the July/August issue of *Holiness Today*, Dr. J. K. Warrick suggested a prayer plan focusing on the acrostic "BLESS" to use when praying for others:

Body (health, protection, strength)
Labor (work, school)
Emotional (joy, peace, hope)
Social (love, family, friends)
Spiritual (salvation, faith, grace, purity)

I suggest you use this plan in your prayer time today as you intercede for those God has placed on your heart. Include your children, husband, other family members, coworkers, classmates, neighbors, and friends.

Pray for those who do not know Christ and for the spiritual growth and protection of new Christians.

Pray for revival and growth in your church. Intercede for your pastor, staff, and key lay leaders as well as members and casual attendees of your congregation.

Pray for missionaries by name and persecuted believers around the world. Also pray for key mission and evangelism organizations local, state, national, and global. Pray for a sweeping revival and spiritual awakening worldwide.

Praise God with a Heart of Thanksgiving:

Extend a heartfelt prayer of thanksgiving for God's gracious gifts and blessings.
Sing a song of Praise.
Read aloud Psalm 150.

Close your prayer time reflecting on this quote from Hudson Taylor:

"I used to ask God if he would come and help me. Then, I asked if I could come and help him. Finally, I asked God to do his own work through me."

Plan a day this month to devote totally to God and your relationship with Him. This day may include prayer, Bible reading, walking and enjoying His handiwork, resting, reading Christian literature. Let Him direct your day.