

## Lydia Prayer Suggestions #13

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**Quiet Your Heart:** Create a peaceful atmosphere by lighting a candle or sitting by the fireplace. Allow yourself to reflect on the spiritual significance inspired by the properties of fire and light. Reflect on the warmth of God's presence. Allow His Holy Spirit to purge and cleanse your heart and burn within you. Rejoice as He brightens your way and enlightens you during this prayer session. As you breathe in the fragrance surrounding you, draw in His peace and release clutter and confusion from your mind. Sit or kneel quietly and listen for a few minutes. Allow God to whisper His love to you and wrap His arms of comfort around you. Carry this picture with you after you leave, and when the enemy threatens to attack, point your heart back to this place.

**Pray Scripture:** Read Psalm 40 together.

- Reread Verse 1 – Then wait patiently in God's presence a few minutes to hear what He has to say to you now.
- Reread verse 2 – Give God thanks for His forgiveness and for times He has rescued you.
- Reread verse 3 – Sing a song of praise.
- Reread verse 4 – Ask God to reveal to you ways you doubt Him and do not trust. Release those doubts and ask God to restore your trust to believe Him for great things.
- Reread verse 5 – Give Him praise and thanks for wonders He has done.
- Reread verses 6-8 – Ask God what He wants to say to you about those verses. Turn them into a prayer.
- Reread verses 9-10 – Ask God to lead you to at least one person to share His faithfulness.
- Turn verses 11-17 into your own words and pray them from your heart.
  - Ask God how you can exalt Him in your own life.
  - Pray that God will be the help and deliverer to all for whom you pray. Call in prayer the names of all people who come to your mind in the next five minutes and pray that God will be their help and deliverer in whatever they are facing. God may give you more specific ways to pray. Follow His lead.
  - Add your pastor to that list. Go back to Psalm 40 and pray portions of that chapter over your pastor.
  - Do the same for members of your family.
- Pray for the non Christians in your family, work place, and community.
- Pray for your local church and its leaders and ministries. Pray for your church's prayer ministry. Does this sound strange? What is your church's prayer plan? Do you have an active, organized prayer ministry? Don't expect it to just happen. Pray for more prayer warriors in your church. Pray for your prayer director, and if you do not have one, pray that someone will fill that need. Pray for your pastor that he will make prayer a priority in his personal life as well as in your church.

**Give Thanks:**

Express thanks for:

God's love revealed in Jesus Christ;  
Life, salvation, the opportunity to pray, revelations from Scripture;  
Family, friends, people who have influenced your life for good;  
Continue with your own list.

Sing a song that expresses thanks.

Today or sometime this week gather your group in a van or car or go alone for some drive-by prayers:

Drive by the home of someone who is struggling and pray.

Drive by the home of a prodigal and pray.

Drive by the home of a Sunday school class member and pray.

Drive by your pastor's home and pray

Ask God to expand your drive by prayer list.