

Lydia Prayer Suggestions #4

By Patsy Lewis – Lydia Prayer Director – patsylewis22@aol.com

Begin your prayer time with the following prayer from the book *The Power of Praying Together* by Stormie Omartian:

Lord, I realize I am powerless to do anything of significance or accomplish anything lasting without You. I know it is not by my strength or wisdom that powerful things happen in my life, but it is by Your Spirit. . . . I am grateful that I know You. Thank You for saving me, Jesus, and setting me free from all that would keep me from moving into everything You have for me. Thank You for filling me with Your Holy Spirit.

Holy Spirit, I acknowledge You this day as my source of power. I invite You to fill me afresh and flow freely through me. I know that without You I can do nothing. I rely on You to do beyond all that I can think or imagine. Teach me in all things. Help me to understand the exceeding greatness of Your power toward us who believe (Ephesians 1:19).

Lord, I don't ever want to become like the people Your Word speaks of who have a form of godliness but deny its power (2 Timothy 3:5). I want to be a person who moves in Your power and whose prayers have the power to effect significant change in the world around me. Help me to always remember to live by the power of Your Spirit and not try to do things in my own strength. Show me how to use the keys You have given me to unlock and unleash Your power in prayer.

Heavenly Father, I exalt You above all things. May Your kingdom come this day and Your will be done on earth as it is in heaven. Enable me to be a great ambassador of Your kingdom. May people love You more because of what they see of You in me. Amen [Pages 35-36]

Read Ephesians 1:15-23 and turn it into a prayer for yourself and others.

If you are in a home, go to the various rooms of the home and pray over each room asking God's Spirit to permeate the home. Pray for all the individuals who live there or who will enter its doors. Use pictures and items in the home to prompt your prayers. If you are not in your own home, do a similar prayer walk through your home when you return.

If your group is meeting at a church, go to the different areas of the building and focus your prayers on the ministries that take place there as well as for those who lead and teach. Go to the pulpit and pray for the pastor. Move to the choir or worship team area, and pray for those who lead worship. Go to the classrooms and pray by name for all Sunday School or Bible Study teachers in your church. Ask God to give them a new passion for their students. Pray that God will give them clear minds as they study His Word. Bind any forces of evil that may be attacking their lives. Pray that they will resist all temptation and be godly examples to others. Even walk around the chairs or pews where the congregation meets, praying for God's Spirit to be a reality to all who enter. If you are not meeting at your church, find a time soon to go to pray throughout the building.

If you are at your workplace, move to various locations and pray for the people who work there or in your mind walk through your building lifting your coworkers to God in prayer. Ask Him to make you a blessing and use you at your place of employment.

If it is daytime and the weather permits, consider making a prayer walk through the neighborhood allowing God to prompt you in praying for neighbors.

Write the name of one unsaved person. Pray for that person daily this month. Share the name with others in your group and ask them to join you in prayer for that person's salvation.

Allow God to search your heart and reveal to you any other areas of prayer for yourself or others that need to be lifted at this time. Include prayer for your country and at least one other nation.

Reread Ephesians 1:15-23. Thank God for His presence in your life. Give Him thanks for His blessings.